



The Snow of Nayoro city

A Guide to
winter activities
in Nayoro City

名 寄 の 雪



<http://nayorosports.com>

Nayoro Winter Snow Land

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The expanse of trees on Mountain Piyashiri seen from the slopes

冬の名寄へ、ようこそ

Welcome to wintry Nayoro

I can't quite recall if it was after I entered elementary school or before that, but my first introduction to skiing was when my uncle took me to a small ski resort that lacked even a lift. Children in Nayoro typically practice skiing on a smaller mountain and then are taken to Piyashiri Ski Resort to learn the ropes before ski classes start in earnest at school. As a child, I loved skiing, and would invite my friends whenever we had vacations to go on little ski adventures here and there. Nayoro's slogan that it offers "Japan's finest snow" has been a common refrain since those times -- but I didn't come to fully appreciate that until adulthood.

The town has a bracing cold, snow falling in crystallized form, and a crunching sound as you walk. The "diamond dust" and "sun pillar" effects seen here are like works of art wrought by the cold and nature, and are enough to take your breath away.

Nayoro's snow, the winter air and sound, and the unique picturesque scenery are things that can be found nowhere else. These wonders are not merely Japan's finest, but world-class, I feel. The snow and winter here are like a bounty we reap from nature, and I encourage you to enjoy them to the fullest.



Mayor of Nayoro

Takeshi Kato



初めて、名寄に出会った日

My first encounter with Nayoro

Discovering the charms of Nayoro through one skier's vantage point

It has been a long journey thus far. I was skiing while still just a child, and now half a century has gone by with skiing by my side. I've skied slopes around the world. That includes places like Chamonix, Zermatt, and Whistler. One day, I found myself thinking, "Why not put down roots somewhere where the snow is beautiful?" With that, I took a trip through Hokkaido. While I had toured the notable ski slopes around the prefecture, for better or worse, Hokkaido is huge. I knew there were likely parts of the prefecture I had yet to explore, so I rented a car without a destination in mind.

From Sapporo, I took the Ororon Line, a route that goes along the coastline of the Sea of Japan up towards Wakkanai at the northernmost point. My first realization was that there wasn't simply more snow the further north you went. With that, I took National Route 40, which bisects Hokkaido, heading southward. While I intended to go as far as Furano, I suddenly recalled that there was a ski resort on the way, so I decided on the spur of the moment to stay overnight. And that place was Nayoro.

I arrived at night. It was -25 degrees Celsius. My breath seemed to make a crinkling noise in the air, as though all of the moisture was being

sucked out and turning into ice, and the streetlights along the river seemed to form plump little round balls of light. When I blew onto the snow covering the hood of my car, it puffed up in a sudden gust. Each snow crystal could be clearly distinguished. It was so beautiful and mysterious. I just couldn't believe such a place, and such a cold, existed here in Japan.

Nor that such a fantastic, otherworldly winter existed right here.

In the Ainu language, Piyashiri refers to a "rocky mountain." Yet the view from the ski lift reveals a vista in which the trees surviving among this harsh landscape stand out far more than the rocks. As I slid down the slopes and stopped among the glitter of "diamond dust," the stunning view of snow-covered trees below took my breath away. I then continued briskly skiing my way towards the sea and its gently lapping waves. After concluding the first ski of the morning, I found a large group of children congregated in front of a lodge, perhaps readying themselves for a ski lesson.

Just how will the children developing here amid the sublimely beautiful, yet harsh, conditions grow up? What sort of lives will they go on to lead?

Far from coming to an end, my long journey here in Nayoro was just beginning a new chapter.

Skiing and Snowboarding

Powdery snow that's
the product of this northern region's majestic nature



Challenge Route



Slalom Route



Panoramic Route



Dynamic Route



Nayoro Piyashiri Ski Resort

The resort offers four ski lifts and nine diverse slopes, with an eastern slope spanning 1,800m and consisting of uncompacted snow for a deep snowy slope. At the foothills, you will find not only lodges, but training facilities, and accommodations equipped with hot springs and restaurants.

<TEL> 01654-2-1180
<HP> <http://www.nayoro.co.jp/piyashiri/top/>

Nayoro, located in the northernmost part of Hokkaido, is a basin region surrounded by mountains in the east and west. The natural environs here contribute to some of the best powder snow in the world, both in terms of quantity and quality. The extreme winter cold here gives birth to stunning vistas like frozen trees, "snow monsters," and "sun pillars."

Piyashiri Ski Resort consists of nine slopes catering to everyone from beginners to advanced skiers, with undulating slopes; slopes nestled with Japanese white birch, a signature tree of Hokkaido; and FIS-certified slopes tailored to lessons. Choose from the one that best suits your needs. Hokkaido's largest slopestyle park of its kind is where professional snowboarders active on the world stage cut their teeth. At the foothills of the ski resort are hotels, as well as lodges serving food, plus hot springs. Warm up in one of these spots after your skiing session.



Nordic Skiing

Experience the finest snow amidst this beautiful forest

Drive five minutes by car from the Piyashiri ski jump in the direction of the city and you will arrive at the Nayoro Kenkoh no Mori Country Route, which is SAJ certified. Just as breathtaking as the dynamic performances you will see on the ski jump is the skiing by top athletes in training here, which you can see up close. The route can be walked by anyone from beginners to those more advanced, with equipment offered for rental free of charge at the management building. Stroll through this rich forest, consisting of signature Hokkaido greenery like the Japanese white birch and larch, soaking in nature's energy and revitalizing body and mind.



Masashi Abe



Snow Activities

Play, stumble, and laugh:
Enjoy the snow to the fullest

The winter and snowy vistas here are the best in Japan. If you want to enjoy yourself to the fullest, try snowshoeing or snowboarding ("snow toys," a snowboard without bindings), or let it all out as you fly down the slopes in a sled. You can also enjoy activities like snow picnics and snowmobiling.



Nayoro Kenkoh no Mori

In addition to the SAJ-certified 5km course, you will find a ski walking route (closed on tournament and event dates). The management building also has gender-separate changing rooms and showers. Free rentals of cross-country skiing equipment are also available.

< HP > <http://www.nayoro.co.jp/kenkounomori/>

Nayoro Onsen Sunpillar

Introducing a variety of activities and guides, such as snowshoe walks in the woods, snowmobile rides, kids' parks, and more.

< TEL > 01654-2-2131
< HP > <http://www.nayoro.co.jp/sunpillar/top/>

Interview

Shunsuke Terashima

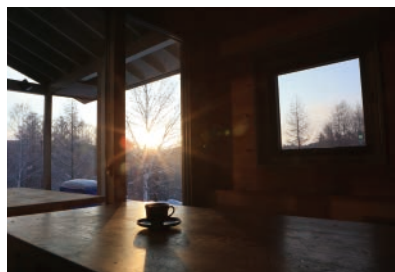


I was part of a youth group in Nayoro, where I was born and raised, then took part in national skiing competitions as a member of the national team during university. I currently act as a youth coach and engage in training. Like me, skiers training here will one day become instructors in their own right, passing down the skiing culture in Nayoro. After all, ski resorts are patronized by a diverse group of people, from those racing to those coming as a family. There is still much more untapped potential here.

Accommodations

Choose the accommodations that suit your style and reside in comfort

There are twelve accommodation facilities in the city, many of which are fully equipped with waxing rooms. Pick the place that is best for you: you will find everything from cottages in which you can relax with friends and family, business hotels for the convenience-minded traveler, as well as hotels that offer spacious Japanese-style rooms for groups or those with children in tow.



Forest Relaxation Village Cottages

The cottages near the cross-country skiing route are detached single buildings exuding the warmth of wood. In addition, the Center House here is a lodge with occupancy for 20 people.

<Address> Nisshin, Nayoro
<TEL> 01654-3-9555
<Web> <http://www.morino-kyukamura.jp/>



Nayoro Onsen Sunpillar Hotel

This is the closest accommodation from the ski slopes and ski jump. In addition to a large public bath with natural hot springs, there are research rooms and a large reception hall, making it ideal for retreats and leisure activities alike.

<Address> Nisshin, Nayoro
<TEL> 01654-3-9555
<Web> <http://www.morino-kyukamura.jp/>



Nayoro Sunpillar Youth Hostel

This accommodation facility is within walking distance of the cross-country skiing route. The homey feel is perfect for group gatherings. Also a great choice for tours through Nayoro.

<Address> 391-2 Nisshin, Nayoro
<TEL> 01654-2-2921
<Web> <http://nayoroyh.main.jp/>



Grand Hotel Fujika

This hotel has the largest number of guest rooms in the city. It is fully equipped with a waxing room and would be perfect not just for those on group retreats, but those seeking to enjoy the night life.

<Address> 4 Nishi 5-jo Minami, Nayoro-shi
<TEL> 01654-3-2323
<Web> <https://www.fujika.jp/>

Group lodgings

Where athletes striving to achieve new heights congregate

This group promotes collaboration between sports and community-building through public/private sector partnerships. Please direct inquiries about events and sport training camps or retreats here.

Access this QR code to see details on sports facilities



N Sports Commission

This group promotes collaboration between sports and community-building through public/private sector partnerships. Please direct inquiries about events and sport training camps or retreats here.

Address: 4 Nishi 13-jo Minami, Nayoro-shi
(Located within Nayoro Civic Center)
Tel: 01654-2-2218
Web: <http://nayorosports.com/support/>



Piyashiri Forest Sports Center

This is a multipurpose gymnasium at the foot of the ski resort. It is equipped with training rooms, as well as conference rooms and other areas.

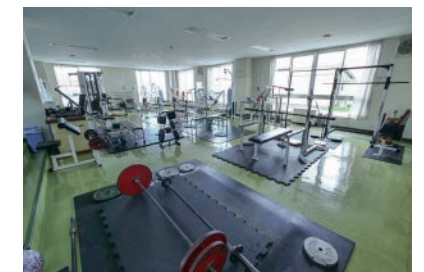
<Address> Nisshin, Nayoro



Nayoro Kenkoh no Mori Management Building

The management building is equipped with changing rooms, showers, meeting rooms, and more, making it a key hub for sporting events. Free rentals of cross-country skiing equipment are also available.

<Address> Nisshin, Nayoro



Nayoro Sports Center

This sports center is located five minutes by car from Nayoro Station and houses an arena and physical education spaces on its vast grounds. There is also a gym stocked with a variety of training equipment.

<Address> 12 Nishi 7-jo Minami, Nayoro-shi

Play



Piyashiri Ski Resort

This ski area consists of nine slopes. There are also rest areas, restaurants, and a hot springs at the foothills. They also provide gear and equipment rentals.

<Address> Nisshin, Nayoro
<TEL> 01654-2-1180
<Web> <http://www.nayoro.co.jp/piyashiri/>

Forest Snow Tour

The program consists of snowshoeing in the morning, a picnic with roasted marshmallows, skiing through nature, and more. A range of other programming is also available.

<Fees> adult ¥3,000~ children (Please contact us)
<TEL> 01654-8-7037
<Web> <http://camel-trip.biz>

Skiing and Snowboarding School

The school offers everything from small group lessons to private lessons and caters to beginners on through advanced skiers. Reservations must be made by at least two days prior.

<Skiing> ¥4,000(2h) ¥7000(4h)
<Snowboarding> ¥3,500(1.5h)
<Web> <http://www.nayoro.co.jp/piyashiri/>

Powder Snow Safari

This is a snowmobile ride with a driver to guide your way. Drive through forest roads and snowfields to the summit of Mount Piyashiri. Held only on limited dates; check in advance.

<Fees> ¥12,000
<TEL> 01654-9-6711
<Web> <https://www.tabione.com/sp/>

Stay

All facilities are equipped with waxing rooms.



① Hotel Mystays Nayoro

Located adjacent to the main shopping street. The breakfast buffet, featuring local ingredients, is quite popular. The hotel is also equipped with Japanese-style rooms and also a large public bath.

<Address> 5-11 Nishi 3-jo Minami
<TEL> 01654-8-8100
<Web> <https://www.mystays.com/>

③ Nijo Ryokan

The homey atmosphere and cuisine prepared with local ingredients are favorites of patrons here. Equipped with Western-style and Japanese-style rooms, a large public bath, and a sauna.

<Address> 5 Nishi 2-jo Minami
<TEL> 01654-3-1117
<Web> <https://travel.rakuten.co.jp/HOTEL/141912/141912.html>

② OYO Hotel Bird Inn

Located near the main shopping street. Equipped with Western-style rooms for small parties, as well as Japanese-style rooms which make a good fit for family groups.

<Address> 4 Nishi 2-jo Minami
<TEL> 01654-9-4567
<Web> <http://izumikanko.com/>

④ Business Hotel Sunflower

The hotel is a 3-minute walk from Nayoro Station and has a yellow wall that acts as your landmark. It houses both Western-style and Japanese-style rooms.

<Address> 8 Odori Minami
<TEL> 01654-2-2929
<Web> <https://travel.rakuten.co.jp/HOTEL/53338/53338.html>

Lunch & souvenirs

You can also take out.



⑤ AOZORA Restaurant

This popular Italian restaurant makes use of local ingredients. Enjoy dishes like pizza, pasta, and curry. The perfect place for both lunch or dinner.

<Address> 3-17 Odori Kita
<Hours of operation>
11:30~13:30(LO) 17:30~21:00(LO)
<Closed on> Tue & Wed

⑦ macori

This cafe offers everything from set meals to desserts. The booth seating gives you ample space to relax.

<Address> 3 Nishi 1-jo Minami
<Hours of operation>
11:30~14:30 18:00~
<Closed on> Mon (irregularly closed on Sun)

⑥ Soup Curry King Bear

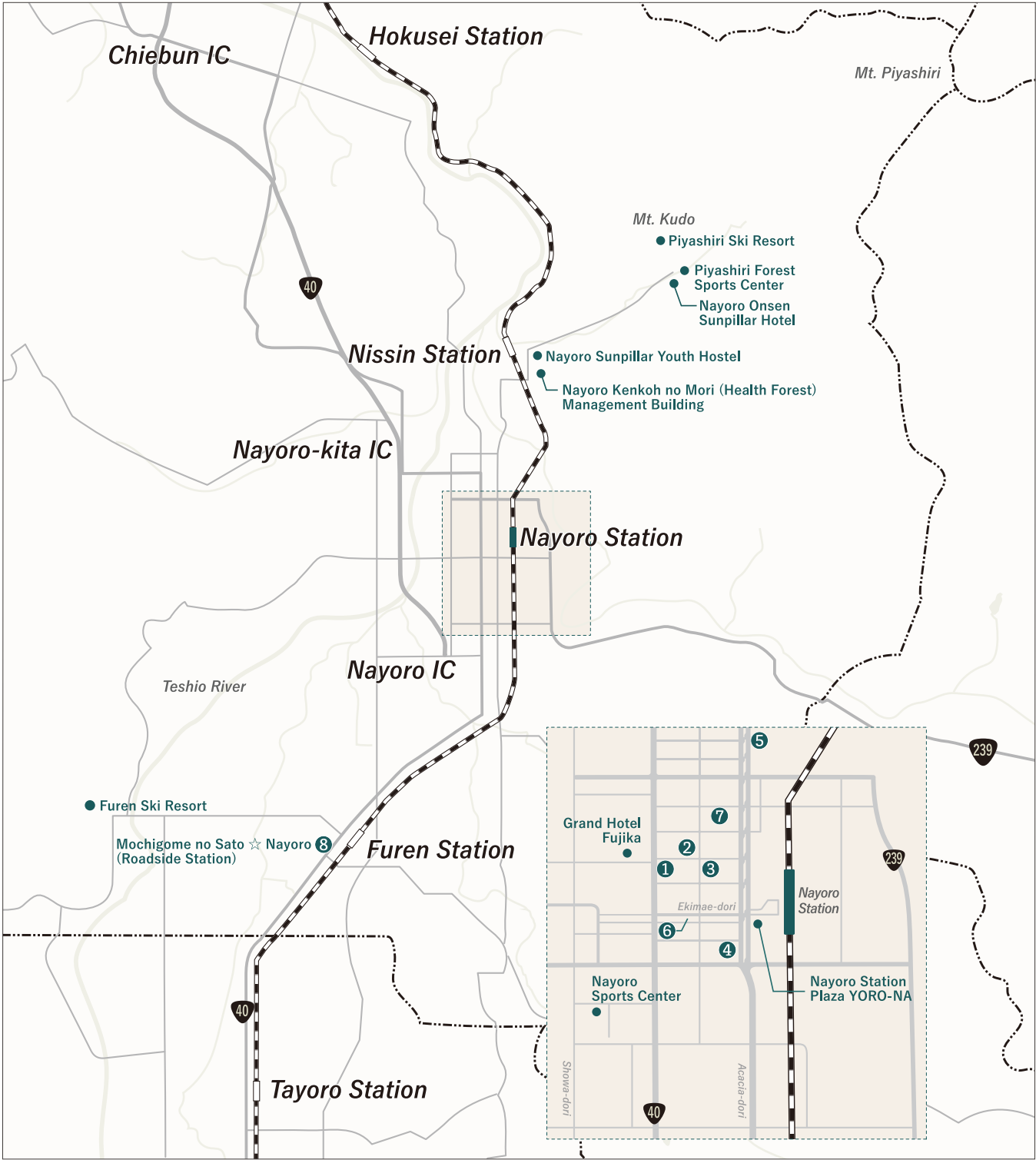
This shop specializes in curry, hamburgers, and coffee and is located within the shopping area in front of the station. The curry served here features a unique blend of spices.

<Address> 7 Nishi 3-jo Minami
<Hours of operation>
11:30~15:00 17:30~20:00
<Closed on> Thu

⑧ Mochigome no Sato ☆ Nayoro (Roadside Station)

This roadside station in Nayoro is among the most popular in Hokkaido Prefecture. The soft daifuku dumplings are a signature local item that you mustn't miss. The facility also includes an adjoining restaurant.

<Address> 334 Furen-cho, Nishi-machi
<Hours of operation>
9:00~17:00 (restaurant 11:00~17:00)
<Closed on> Mon (irregularly closed on Sun)



Issued by: N Sports Commission

Address: 4 Nishi 13-jo Minami, Nayoro-shi, Hokkaido Prefecture,
096-0023 (Located within Nayoro Civic Center)

Tel: 01654-2-2218



<http://nayorosports.com>

Photos

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Text

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Yoichi Watanabe

Seiji Kazui

Rie Kuroi

Haku Suzuki, Hayato Doi, Shunsuke Terashima,
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